

The Functional RD Practice Policies

INSURANCE AGREEMENT:

If filing with insurance, please ensure that you provide us with your **PRIMARY insurance information** prior to your appointment in order to process the claim. As a courtesy, we will check your nutritional counseling benefits prior to your appointment. We will notify of the benefit coverage we are given; however, the quoting of benefits does not guarantee payment. Please ensure that the information provided is accurate. If a conflict exists between the information provided and the terms of the insurance plan, the terms of the insurance plan will prevail. Final determination of coverage and patient responsibility is made at the time the claim is received and processed.

Insurance eligibility and benefits checks:

The Functional RD, LLC provides a courtesy eligibility/benefit check to verify benefits for nutrition counseling services. However, the quoting of benefits by the insurance company is not a guarantee of payment, and I understand that I am responsible for any unpaid amount, as is detailed in The Functional RD, LLC's financial agreement. Billing staff will do their best in reprocessing denied claims with reference numbers provided in the benefit check. In the event a claim is denied, applied toward the deductible, or copay or coinsurance applies, I understand that I am responsible for the amount due and the card on file will be charged.

I understand that if my insurance denies my claim, I am responsible for the out-of-pocket cost of the appointment.

The Functional RD, LLC is currently in-network with Blue Cross Blue Shield, Community First (PPO + HMO), Humana, United Healthcare, and Medicare. Any plans outside of these networks will be considered self-pay.

Self-Pay Prices (2023-2024):

- **\$120 for new patient appointment (60 minutes)**
- **\$100 for new bariatric patient appointment (60 minutes)**
- **\$60 for follow-up appointments (30 minutes)**

INFORMED CONSENT FORM & TERMS FOR NUTRITIONAL COUNSELING

I give consent to “The Functional RD, LLC”, and its employees and agents to provide Nutrition Counseling to myself or the client for which I am legally responsible. The consultation will provide information and guidance regarding my diet, nutrient intake, and lifestyle.

I understand that “The Functional RD, LLC” will provide nutritional counseling and related services usually provided by registered dietitians and the individuals who provide these services are not medical

physicians and do not give, provide or dispense medical advice, nor will they diagnose or treat any medical condition. "The Functional RD, LLC" will provide nutritional support and nutrition education for an already diagnosed condition as well as educational information that may enhance my knowledge of health through the use of whole foods, dietary supplements, and emotional awareness. While nutrition support can be an important compliment to my medical care, I understand these services are not a substitute for medical care.

I recognize that specific foods may create allergic and possible fatal reactions. I agree to inform "The Functional RD, LLC", in writing of any food allergies/sensitivities I am aware of and will promptly update such information if it changes. I am aware that specific foods may interact with certain medications. I have discussed such food reactions and the side effects of all of my medications with my doctor or pharmacist and do hereby hold harmless and release "The Functional RD, LLC" for any food or medication reactions.

Methods of nutritional evaluation or testing made available to me are not intended to diagnose disease. Rather, these assessment tests are intended as a guide to developing an appropriate health-supportive program for me, and to monitor my progress in achieving my goals.

Medical records and personal information and history divulged in session to "The Functional RD, LLC" will be kept confidential, unless I consent to sharing my medical information.

I consent to receive phone calls, text messages, and emails: I consent to receive calls, text messages, and emails from "The Functional RD, LLC" for my protected healthcare and other services at the phone number(s) and e-mail addresses given, including my wireless number provided. I understand I may be charged for such calls by my wireless carrier and that such calls may be generated by an automated dialing system. I understand that cellular phones, voicemails, or e-mails are not secure forms of communication and therefore my privacy cannot be guaranteed when utilizing these forms of communication.

I DO HERE AND FOREVER RELEASE AND DISCHARGE AND HEREBY HOLD HARMLESS "THE FUNCTIONAL RD, LLC", AND ITS AGENTS, HEIRS, ASSIGNS, CONTRACTORS, AND EMPLOYEES FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION OR CAUSES OF ACTION, PRESENT OR FUTURE, ARISING OUT OF OR CONNECTED WITH ANY INFORMATION OR SERVICES RECEIVED BY ME OR MY PARTICIPATION IN ANY NUTRITION PROGRAM. I ACKNOWLEDGE AND CONFIRM THAT NO WARRANTIES OR REPRESENTATIONS OF ANY KIND, EXPRESS OR IMPLIED, WERE MADE TO ME REGARDING THE RESULTS I WILL ACHIEVE FROM THIS PROGRAM. I UNDERSTAND THAT RESULTS ARE INDIVIDUAL AND MAY VARY FROM INDIVIDUAL TO INDIVIDUAL.

Privacy Policy:

I understand that I can review the privacy policy here at any time.

https://www.thefunctionalrd.com/files/ugd/a27955_689e4090c83448c39baf108685eef47d.pdf

CARD ON FILE (CREDIT, DEBIT OR HSA/FSA ACCEPTED)

I grant The Functional RD, LLC the right to bill my card on file for any co-payments not covered by my insurance, missed appointments, or appointments cancelled less than 24 hours in advance. I

understand that if insurance does not cover nutrition counseling, or that if nutrition counseling is denied by my insurance, The Functional RD, LLC may charge my credit, debit, or HSA/FSA card on file for the self pay price of the scheduled nutrition appointment. Your card may be verified electronically.

CANCELATION AND MISSED APPOINTMENT POLICY

I understand that there is a \$50 fee for missed appointments or appointments canceled less than 24 hours of my scheduled appointment time. I understand these charges will be processed to my credit card within 24 hours of the missed or canceled appointment as well as any balances that are outstanding.